

**YMCA at Northern York  
Aquatic Schedule  
September 2-21, 2008**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00 am	Lap Swim/		Lap Swim/		Lap Swim/			
6:30am	Open 5:45-7a		Open 5:45-7a		Open 5:45-7a			
7:00 am	<b>Northern York School District Curriculum Pool Closed to Public</b>							
8:00 am								
9:00 am						Lap Swim (8a-12p)	Facility Closed	
10:00am								
11:00am						H2O Fit (8-9a)		
11:30am							Swim Lessons (9-11a)	
12:00m							Rec/Lap Swim (11a-1p)	
12:30pm								
1:00pm								
2:00pm								
3:00pm	Senior Aquacise (4) Lap (2)		Senior Aquacise (4) Lap (2)		Senior Aquacise (4) Lap (2)	Facility Closed		
3:30pm								
4:00pm								
4:30pm	Lap (3)		Lap (3)		Lap (3)			
5:00pm	Open (3)	Y Swim Team & Clinic 6-8:30p Swim Lessons 6-7:15p	Open (3)	Y Swim Team & Clinic 6-8:30p	Open (3)			
5:30pm								
6:00pm	Classes (3)		Classes (3)					
6:30pm	6-7:30		6-7:30					
7:00pm	Lap (2)	NYAC Clinic 6- 8:30 (3)						
7:30pm	Lap (3)		Lap (1)					
8:00pm	Open (3)		Open (2)					
8:30pm			NYAC (3)					
9:00pm	Facility Closed at 9pm							

Fall I Aquatic Classes: September 2-October 25 (8 weeks)

Fall II Aquatic Classes: October 27-December 20 (8 weeks)

YMCA @ Northern York Swim Team Clinic: September 8-18 – 6:30-8p